

PRIMARY HEALTH TASMANIA EVENTS OCTOBER 2024



SCAN FOR EVENT DETAILS
ALL EVENTS ARE FREE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2	3	4 PUBLIC HOLIDAY BURNIE	5
6	7	8	9	10 PUBLIC HOLIDAY NORTH	11	12
13 END OF TASMANIAN SCHOOL HOLIDAYS	14	15 Palliative care ECHO series 2-3pm WEBINAR Multidisciplinary Training: Mental health assessment and referral 6.30-8.30pm WEBINAR Multidisciplinary	16 Early detection and management of chronic kidney disease 7-8pm WEBINAR Multidisciplinary	17	18 PUBLIC HOLIDAY FLINDERS ISLAND	19
20	21	22 Managing eating disorders using a multidisciplinary care team 6.30-8pm WEBINAR Multidisciplinary	23 Networking breakfast 7.30-9am HOBART General practice managers Training: Mental health assessment and referral 12-2pm WEBINAR Multidisciplinary	24 PUBLIC HOLIDAY SOUTH	25	26
27	28	29	30 Networking breakfast 7.30-9am LAUNCESTON General practice managers Unequally Unwell: physical health of people with mental illness 1-2.15pm WEBINAR Multidisciplinary Suicide prevention training for pharmacy – session one 6:30-9pm ULVERSTONE Allied health professionals	31 Networking breakfast 7.30-9am DEVONPORT General practice managers	1	2



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Multidisciplinary

Palliative care ECHO project series

Webinar

Tuesday 15 October

2-3pm

Palliative Care ECHO is a series of interactive case-based virtual mentoring sessions that address a range of palliative care topics. Discussion of deidentified patient cases and 10-minute lectures aim to increase palliative care knowledge, skills and confidence in primary healthcare professionals. The topic for this session is clinical pain management – opioids.

Multidisciplinary

Training - Initial Assessment and Referral (IAR) for mental health care

Webinar

Tuesday 15 October

6.30-8.30pm

Wednesday 23 October

6.30-8.30pm

Part one of this workshop provides the background and orientation to stepped care, the initial assessment and referral process, and the decision support tool. In part two of the workshop, participants engage in practical activity focusing on applying the IAR decision support tool to the prepared scenario. GPs and GPs-in-training who complete the 2-hour training will be eligible for a one-off payment of \$300 as remuneration for their time, unless the GP is employed full time with a government-funded service.

Multidisciplinary

Early detection and management of chronic kidney disease

Webinar

CPD accredited (RACGP, 1 hour of educational activities, ACCRM CPD pending)

Wednesday 16 October

7-8pm

Primary Health Tasmania in partnership with Kidney Health Australia is hosting a webinar for primary care health professionals on the early detection and management of chronic kidney disease. The session will present a case study of an individual who is at risk of chronic kidney disease, then delve into the importance of early detection for those at risk of the condition and how to assess for chronic kidney disease using a kidney health check. Treatment options to delay progression of chronic kidney disease are also covered. This would be a typical individual that would be seen in the primary care setting.

Multidisciplinary

Managing eating disorders using a multidisciplinary care team

For GPs and other health professionals

Webinar

CPD accredited (RACGP, 1.5 hours educational activities)

Tuesday 22 October

6.30-8pm

In this session, we will discuss the role Tasmanian GPs and other health professionals play in managing eating disorders using a multidisciplinary team. Acknowledging that GPs are often responsible for managing eating disorders within the confines of their practice, this webinar will introduce new services, programs and models to support medical monitoring and optimal care coordination.

General practice managers

Practice managers networking breakfast

Hobart

Wednesday 23 October

7.30-9am

Launceston

Wednesday 30 October

7.30-9am

Devonport

Thursday 31 October

7.30-9am

An opportunity for practice managers to meet and connect with their peers in general practice.

Multidisciplinary

Unequally Unwell: Shorter life expectancies, reduced life opportunities of people with mental illness

Webinar

Wednesday 30 October

1-2.15pm

People living with mental illness may have poorer physical health and a reduced life expectancy than that of the general population. They often have a chronic physical health condition and/or are less likely to have regular health screenings such as cholesterol and blood glucose checks and cancer screenings than the general population. Professor Russell Roberts, CEO – Equally Well, will present the findings of the report [Unequally Unwell](#).

There is no cost for participation in these events, thanks to funding from the Australian Government under the Primary Health Networks program





Allied health professionals

Suicide prevention training for pharmacy– session one

For pharmacists, pharmacy assistants and pharmacy students

Ulverstone

CPD accredited (2.5 hours)

Wednesday 30 October

6.30-9pm

This 2.5-hour session is an interactive, case-based workshop enabling peer discussion alongside the development of practical skills. This training aims to increase pharmacists' skills and confidence in recognising signs warranting further exploration for suicidality, talking with someone who may display suicidal signs and symptoms, and understanding of the various referral options. This is a collaboration funded by Primary Health Tasmania, with the Black Dog Institute, Pharmacy Guild of Australia and Pharmaceutical Society of Australia.



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