

# PRIMARY HEALTH TASMANIA EVENTS FEBRUARY 2025



SCAN FOR EVENT DETAILS  
ALL EVENTS ARE FREE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5 TASMANIAN SCHOOL HOLIDAYS END	6	7	8
9	10 PUBLIC HOLIDAY SOUTHERN TASMANIA Mental health IAR training – adult 12-2pm WEBINAR Multidisciplinary	11	12	13 Statewide Mental Health Services weekly grand rounds 1-2pm WEBINAR Multidisciplinary	14	15
16	17 Mental health IAR training – adolescent 6.30-8.30pm WEBINAR Multidisciplinary	18 Palliative care ECHO series – voluntary assisted dying 2-3pm WEBINAR Multidisciplinary	19 Networking breakfast 7.30-9am LAUNCESTON General practice managers Early-stage care of people with Parkinson’s Disease (CPD pending) 6.30-8pm WEBINAR Multidisciplinary	20 Networking breakfast 7.30-9am BURNIE General practice managers Statewide Mental Health Services weekly grand rounds 1-2pm WEBINAR Multidisciplinary	21	22
23	24	25 Inherited cancers 6.30-8pm WEBINAR Multidisciplinary	26 LAUNCESTON CUP (GENERALLY TASMANIAN PUBLIC SERVICE ONLY) Kidney disease in Tasmania (POSTPONED) 6.30-8pm General practitioners Networking breakfast 7.30-9am HOBART General practice managers	27 Statewide Mental Health Services weekly grand rounds 1-2pm WEBINAR Multidisciplinary	28	1



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## Multidisciplinary

### Initial Assessment and Referral (IAR) for mental health care – adult version

Webinar

Monday 10 February

12-2pm

Part one of the workshop provides the background and orientation to stepped care, the initial assessment and referral process, and the decision support tool. In part two of the workshop, participants engage in practical activity focusing on applying the IAR decision support tool to the prepared scenario.

\*GPs and GPs-in-training who complete the two-hour training will be eligible for a one-off payment of \$300 as remuneration for their time, unless the GP is employed full time with a government-funded service.



## Multidisciplinary

### Statewide Mental Health Services weekly grand rounds

Webinar

Thursday 13 February

1-2pm

The Statewide Mental Health Services (SMHS) multidisciplinary Grand Rounds, held in collaboration with the Centre for Mental Health Innovation and the Statewide Mental Health Services Education and Practice Development Unit, are open to all health professionals with an interest in mental health.

This week the focus will be on novel neurobiological therapies for OCD. Including empirical work in DBS, and reviews on non-invasive therapies, and psychedelics



## Multidisciplinary

### Initial Assessment and Referral (IAR) for mental health care – adolescent version

Webinar

Monday 17 February

6-8.30pm

Part one of the workshop provides the background and orientation to stepped care, the initial assessment and referral process, and the decision support tool. In part two of the workshop, participants engage in practical activity focusing on applying the IAR decision support tool to the prepared scenario. \*GPs and GPs-in-training who complete the two-hour training will be eligible for a one-off payment of \$300 as remuneration for their time, unless the GP is employed full time with a government-funded service.



## Multidisciplinary

### Palliative care ECHO series – voluntary assisted dying

Webinar

Tuesday 18 February

2-3pm

Palliative Care ECHO is a series of interactive case based virtual mentoring sessions that address a range of palliative care topics. The session will include a deidentified case discussion to provide a foundation for learning, along with a 10 minute lecture aimed to increase palliative care knowledge, skills and confidence in primary care health professionals.



## Multidisciplinary

### Early-stage care of people with Parkinson's Disease

Webinar

CPD pending

Wednesday 19 February

6.30-8pm

This webinar will explore the role of the primary care team in identifying, diagnosing, and supporting individuals with Parkinson's disease. Presenters include Tasmanians with lived experience of Parkinson's disease, healthcare professionals who treat those with the condition, and researchers focused on Parkinson's disease care.



## General practice managers

### Practice managers networking breakfast

Launceston

Wednesday 19 February

7.30-9am

Burnie

Thursday 20 February

7.30-9am

Hobart

Wednesday 26 February

7.30-9am

An opportunity for practice managers to meet and connect with their peers in general practice.

There is no cost for participation in these events, thanks to funding from the Australian Government under the Primary Health Networks program



## Multidisciplinary

### Statewide Mental Health Services weekly grand rounds

#### Webinar

Thursday 20 February

1-2pm

The Statewide Mental Health Services (SMHS) multidisciplinary Grand Rounds, held in collaboration with the Centre for Mental Health Innovation and the Statewide Mental Health Services Education and Practice Development Unit, are open to all health professionals with an interest in mental health.

This week the focus will be on the Health Roundtable Mental Health Program, mental health data available for the LGH, RHH, Mersey and NWRH.



## Multidisciplinary

### Statewide Mental Health Services weekly grand rounds

#### Webinar

Thursday 27 February

1-2pm

The Statewide Mental Health Services (SMHS) multidisciplinary Grand Rounds, held in collaboration with the Centre for Mental Health Innovation and the Statewide Mental Health Services Education and Practice Development Unit, are open to all health professionals with an interest in mental health.

This week the focus will be mental health rehabilitation.



## Multidisciplinary

### Inherited cancers

#### Webinar

Tuesday 25 February

6.30-8pm

This event is focussed on identifying and supporting patients who may be at an increased risk of hereditary cancer. This event is designed to provide healthcare professional with essential knowledge and tools to effectively manage and support patients with a family history of cancer.



## General practitioners

### Kidney disease in Tasmania

#### Webinar

#### POSTPONED

Kidney disease is on the rise. Nearly 38,000 Tasmanians were diagnosed with kidney disease in 2020, more likely in women than in men. New Tasmanian data has shown an increase of nearly 30% over the last decade, but this underplays the startling 88% increase in regions of the North-West. Burnie and Devonport experienced growth of 75% or more in the decade between 2010- 2020, whilst some areas in the South hardly changed at all.

Kidney disease is manageable if detected early, however the rate of urine testing is quite variable and well below recommended. People who missed out on urine testing had much worse outcomes than those who had near normal urine results.



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