

# PRIMARY HEALTH TASMANIA EVENTS MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6 <b>Managing medication for people living with dementia</b> 7-8pm <b>WEBINAR</b> <b>Multidisciplinary</b>	7	8
9	10	11 <b>An overview of the RSV infant immunisation program- Tasmania 2025</b> 6.30-8pm <b>WEBINAR</b> <b>Multidisciplinary</b>	12 <b>A vision for contemporary cardiac rehabilitation- with Dr Paul MacIntyre</b> 6.30-8pm <b>WEBINAR</b> <b>General Practitioners</b>	13	14	15
16	17 <b>Deprescribing antidepressants: An evening with Dr Mark Horowitz</b> 6.30-8pm <b>IN PERSON AND ONLINE</b> <b>Multidisciplinary</b>	18 <b>The management of complex hernias</b> 6.30-8pm <b>WEBINAR</b> <b>Multidisciplinary</b>  <b>Palliative Care ECHO series- Advance Care Planning for ACP week</b> 2-3pm <b>WEBINAR</b> <b>Multidisciplinary</b>	19 <b>My Health Record and General Practice in Aged Care Incentive for Residential Aged Care Home staff</b> 2.30-3.30pm <b>WEBINAR</b> <b>Multidisciplinary</b>	20 <b>Mental Health IAR Training- Child version 6.30-8.30pm</b> <b>WEBINAR</b> <b>Multidisciplinary</b>	21	22
23	24	25 <b>To call or not to call</b> 6.30-8.30pm Burnie <b>WORKSHOP</b> <b>Aged care nurse</b>  <b>The role of community paramedics in enhancing patient outcomes through collaborative care</b> 6.30-8pm <b>WEBINAR</b> <b>Multidisciplinary</b>	26 <b>To call or not to call</b> 6.30-8.30pm Launceston <b>WORKSHOP</b> <b>Aged care nurse</b>	27 <b>To call or not to call</b> 6.30-8.30pm Hobart <b>WORKSHOP</b> <b>Aged care nurse</b>	28	29
30	31					



# March 2025

CALENDAR UPDATED AS OF 26/02/25  
SCAN FOR LATEST EVENTS  
ALL EVENTS ARE FREE.



## General Practitioners

### A vision for contemporary cardiac rehabilitation with Paul MacIntyre

**Webinar**

**Wednesday 12 March**

6.30-8pm

This is an RACGP approved activity- Educational Activities 1.5hrs

A vision for contemporary cardiac rehabilitation” is the first in a six-part webinar series “cardiology at the interface of primary and secondary care” that explores the interface between primary and secondary care in the management of cardiac patients

This 90-minute interactive webinar will discuss the current provision of cardiac rehabilitation in Tasmania with an exploration of a more contemporary approach to improve the secondary prevention of patients with cardiovascular disease.



## Multidisciplinary

### The management of complex hernias

**Webinar**

**Tuesday 18 March**

6.30-8pm

This is an RACGP approved activity- Educational Activities 1.5hrs

This informative session will focus on adult hernias, providing an overview of their diagnosis, management, and surgical treatment options. It will cover the basics of simple hernias, as well as the eligibility criteria for complex hernia surgery, including key factors like BMI, smoking habits, and blood sugar levels. Dr. Ferrah will use a case study to delve into the nature of complex hernias, explaining how they develop and how to effectively manage them. Key topics of this webinar include the aetiology and risk factors of complex hernias, diagnostic workup, pre-surgical optimisation, management strategies, surgical techniques, post-operative care, potential complications, and handling emergency situations. Attendees will also gain insights into the recovery process and long-term outcomes. The session is designed to provide a clear, accessible approach to understanding and treating complex hernias.



## Multidisciplinary

### Deprescribing Antidepressants: An evening with Dr Mark Horowitz

**Face to face and online**

**Monday 17 March**

6.30-8pm

Join us on 17th March in-person or online for a discussion with Dr Mark Horowitz, lead author of the Maudsley Deprescribing Guidelines. This informative event will provide valuable insights, evidence-based strategies, and practical guidance on the deprescribing of antidepressants followed by a thought-provoking Q&A session.

Increasing rates of antidepressant prescribing worldwide have raised concerns among healthcare and regulatory organisations. Australia has relatively high rates of antidepressant prescribing, with Tasmania exceeding the national average.



## Multidisciplinary

### Palliative Care ECHO series – Advance Care Planning for ACP week

**Webinar**

**Tuesday 18 March**

2-3pm

Palliative Care ECHO is a series of interactive case based virtual mentoring sessions that address a range of palliative care topics. The session will include a deidentified case discussion to provide a foundation for learning, along with a 10 minute lecture aimed to increase palliative care knowledge, skills and confidence in primary care health professionals.

Currently, monthly sessions are held via Zoom on the third Tuesday of every month – 2pm to 3pm (AEDT).



## Multidisciplinary

### Managing medications for people living with dementia

**Webinar**

**Thursday 6 March**

7-8pm

This is an RACGP approved activity- Educational Activities 1hr

Join expert medical educators from Dementia Training Australia for a webinar designed to help general practitioners navigate clinical and ethical complexities in managing medications for people living with dementia. This webinar will provide an evidence-based management strategy and practical guidance on how medication can impact cognition. It also delivers important guidance on medication management, including clinical guidelines for deprescribing. This session is crucial for improving patient care and safety, providing you with tools to make informed and compassionate decisions for patients living with dementia. Register for this opportunity to advance your clinical practice and support your patients effectively.

## Multidisciplinary

### An overview of the RSV maternal and infant immunisation program – Tasmania 2025

**Webinar**

**Tuesday 11 March**

6.30-8pm

Join us for a webinar with a panel of experts from TAS Department of Health Communicable Disease Prevention Unit and Tasmanian Health Service on how infants across Australia will benefit from new respiratory syncytial virus (RSV) protection program.

The program includes a nationally funded vaccination program for pregnant women, and state and territory funded long-acting monoclonal antibody program for infants.

The panel will present on:

- The new NIP-funded RSV vaccination program for pregnant women to protect their infants
- State funded RSV long-acting monoclonal antibody program
- State immunisation program operations and logistics
- RSV prevention program resources to support healthcare providers.

There is no cost for participation in these events, thanks to funding from the Australian Government under the Primary Health Networks program

## Multidisciplinary\*

\*Aged Care and General Practitioners

### My Health Record and General Practice in Aged Care Incentive for Residential Aged Care Home staff

Webinar

Wednesday 19 March

2.30-3.30pm

The Victorian and Tasmanian PHN collaborative invite you to this upcoming digital health webinar designed specifically for Residential Aged Care staff.

In this session, we will explore the essential features and benefits of My Health Record and how it can significantly enhance the care you provide to your residents. In addition we will cover The General Practice in Aged Care Incentive (GPACI).



## Multidisciplinary

### The role of community paramedics in enhancing patient outcomes through collaborative care

Webinar

Tuesday 25 March

6.30-8pm

This webinar will introduce Community Paramedicine and highlight how the clinical scope of practice for community paramedics differs from that of traditional ambulance paramedics. Presenters will discuss this care model from multiple lived experience perspectives and share examples of how community paramedics have effectively integrated into multidisciplinary healthcare teams to contribute to person-centred care delivery and improved health outcomes.



## Multidisciplinary

### Initial Assessment and Referral (IAR) for mental health care – Child version

Webinar

Thursday 20 March

6.30-8.30pm

Primary Health Tasmania is supporting implementation of the Initial Assessment and Referral (IAR) decision support tool across the state.

This free online tool aims to standardise the assessment of people seeking mental health support in primary healthcare settings. The IAR tool is currently being used by the Tasmanian Department of Health for the Head to Health Phone Service, and is a core function of the Central Intake and Referral Service (CIRS).

This session will use an adaptation of the tool designed for children, and will be joined by Dr Tim Jones, a senior medical educator with the RACGP, who has an interest in child and infant health. He is passionate about supporting parents and families in a holistic manner.



## Aged Care Nurse

### To call or not to call

Workshop

Tuesday 25 March – Burnie

Wednesday 26 March – Launceston

Thursday 27 March - Hobart

8.30am-4.30pm

Are you confident when **to call or not to call** for emergency services when a resident is unwell?

Do you want to learn ways to recognise when **to call or not to call**? When we have the workshop for you!

We will cover:

- Who stays and who goes?
- How do we make decisions?
- What does the resident want?
- How do you recognise, assess and manage the deteriorating resident?
- Application of decision support tools to case studies



MARCH 2025

SCAN FOR MORE DETAILS  
ALL EVENTS ARE FREE