PRIMARY HEALTH TASMANIA EVENTS MARCH 2025





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17 Deprescribing antidepressants: An evening with Dr Mark Horowitz 6.30-8pm IN PERSON AND ONLINE Multidisciplinary	The management of complex hernias 6.30-8pm WEBINAR Multidisciplinary Palliative Care ECHO series- Advance Care Planning for ACP week 2-3pm WEBINAR Multidisciplinary	My Health Record and General Practice in Aged Care Incentive for Residential Aged Care Home staff 2.30-3.30pm WEBINAR Multidisciplinary	Q&A on the Tasmanian HealthPathways New Personalised Logins 7-7.30am 12.30-1pm WEBINAR Multidisciplinary Mental Health IAR Training- Child version 6.30-8.30pm WEBINAR Multidisciplinary Statewide Mental Health Services weekly grand rounds 1-2pm WEBINAR Multidisciplinary	21
24	To call or not to call 6.30-8.30pm Burnie WORKSHOP Aged care nurse The role of community paramedics in enhancing patient outcomes through collaborative care 6.30-8pm WEBINAR Multidisciplinary	To call or not to call 6.30-8.30pm Launceston WORKSHOP Aged care nurse	To call or not to call 6.30-8.30pm Hobart WORKSHOP Aged care nurse Statewide Mental Health Services weekly grand rounds 1-2pm WEBINAR Multidisciplinary Q&A on the Tasmanian HealthPathways New Personalised Logins 7-7.30pm WEBINAR Multidisciplinary	28



March 2025

CALENDAR UPDATED AS OF 26/02/25 SCAN FOR LATEST EVENTS ALL EVENTS ARE FREE.

Multidisciplinary

Managing medications for people living with dementia

Webinar

Thursday 6 March

This is an RACGP approved activity- Educational Activities 1hr

Join expert medical educators from Dementia Training Australia for a webinar designed to help general practitioners navigate clinical and ethical complexities in managing medications for people living with dementia. This webinar will provide an evidence-based management strategy and practical guidance on how medication can impact cognition. It also delivers important guidance on medication management, including clinical guidelines for deprescribing. This session is crucial for improving patient care and safety, providing you with tools to make informed and compassionate decisions for patients living with dementia. Register for this opportunity to advance your clinical practice and support your patients effectively.

Multidisciplinary

An overview of the RSV maternal and infant immunisation program - Tasmania 2025

Webinar

Tuesday 11 March

6.30-8pm

Join us for a webinar with a panel of experts from TAS Department of Health Communicable Disease Prevention Unit and Tasmanian Health Service on how infants across Australia will benefit from new respiratory syncytial virus (RSV) protection program.

The program includes a nationally funded vaccination program for pregnant women, and state and territory funded long-acting monoclonal antibody program for infants.

The panel will present on:

- The new NIP-funded RSV vaccination program for pregnant women to protect their infants
- State funded RSV long-acting monoclonal antibody program State immunisation program operations and logistics
- RSV prevention program resources to support healthcare providers.

General Practitioners

A vision for contemporary cardiac rehabilitation with Paul MacIntvre

Webinar

Wednesday 12 March

6.30-8pm

This is an RACGP approved activity- Educational Activities

A vision for contemporary cardiac rehabilitation" is the first in a six-part webinar series "cardiology at the interface of primary and secondary care" that explores the interface between primary and secondary care in the management of cardiac patients

This 90-minute interactive webinar will discuss the current provision of cardiac rehabilitation in Tasmania with an exploration of a more contemporary approach to improve the secondary prevention of patients with cardiovascular disease.

Multidisciplinary

Deprescribing Antidepressants: An evening with Dr Mark Horowitz

Face to face and online Monday 17 March

6.30-8pm

Join us on 17th March in-person or online for a discussion with Dr Mark Horowitz, lead author of the Maudsley Deprescribing Guidelines. This informative event will provide valuable insights, evidence-based strategies, and practical guidance on the deprescribing of antidepressants followed by a thought-provoking Q&A session.

Increasing rates of antidepressant prescribing worldwide have raised concerns among healthcare and regulatory organisations. Australia has relatively high rates of antidepressant prescribing, with Tasmania exceeding the national average.

Multidisciplinary

The management of complex hernias

Webinar

Tuesday 18 March

6.30-8pm

This is an RACGP approved activity- Educational Activities

This informative session will focus on adult hernias, providing an overview of their diagnosis, management, and surgical treatment options. It will cover the basics of simple hernias, as well as the eligibility criteria for complex hernia surgery, including key factors like BMI, smoking habits, and blood sugar levels. Dr. Ferrah will use a case study to delve into the nature of complex hernias, explaining how they develop and how to effectively manage them. Key topics of this webinar include the aetiology and risk factors of complex hernias, diagnostic workup, pre-surgical optimisation, management strategies, surgical techniques, post-operative care, potential complications, and handling emergency situations. Attendees will also gain insights into the recovery process and long-term outcomes. The session is designed to provide a clear, accessible approach to understanding and treating complex hernias.

Multidisciplinary



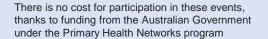
Webinar

Tuesday 18 March

2-3pm

Palliative Care ECHO is a series of interactive case based virtual mentoring sessions that address a range of palliative care topics. The session will include a deidentified case discussion to provide a foundation for learning, along with a 10 minute lecture aimed to increase palliative care knowledge, skills and confidence in primary care health professionals.

Currently, monthly sessions are held via Zoom on the third Tuesday of every month – 2pm to 3pm (AEDT).









Multidisciplinary*

*Aged Care and General Practitioners

My Health Record and General Practice in Aged Care Incentive for Residential Aged Care Home staff

Webinar

Wednesday 19 March

2.30-3.30pm

The Victorian and Tasmanian PHN collaborative invite you to this upcoming digital health webinar designed specifically for Residential Aged Care staff.

In this session, we will explore the essential features and benefits of My Health Record and how it can significantly enhance the care you provide to your residents. In addition we will cover The General Practice in Aged Care Incentive (GPACI).

Multidisciplinary*

Q&A on the Tasmanian HealthPathways new personalised logins

Webinar

Thursday 20 March

7-7.30am

12.30-1pm

Thursday 20 March

7-7.30pm

The Tasmanian HealthPathways have launched personalised logins.

From 10 March, Tasmanian health professionals will be able to register for personalised accounts on the HealthPathways platform. This new feature is designed to enhance the user experience and streamline access to key features. While you can continue to use your shared login details to access the Tasmanian HealthPathways, we encourage all users to register for a free personalised account.

To help you navigate this transition smoothly, we are hosting a live Q&A session where the HealthPathways team will answer any questions you may have about the new features and what this means for you.

- Learn how personalised accounts will improve your HealthPathways experience
- Step-by-step guidance on creating your individual account
- Get answers to any questions you may have about the new features
- Drop in anytime during the session no need to stay for the full event

Register here

For more information, click here

Multidisciplinary

Initial Assessment and Referral (IAR) for mental health care – Child version



Thursday 20 March

6.30-8.30pm

Primary Health Tasmania is supporting implementation of the Initial Assessment and Referral (IAR) decision support tool across the state.

This free online tool aims to standardise the assessment of people seeking mental health support in primary healthcare settings. The IAR tool is currently being used by the Tasmanian Department of Health for the Head to Health Phone Service, and is a core function of the Central Intake and Referral Service (CIRS).

This session will use an adaptation of the tool designed for children, and will be joined by Dr Tim Jones, a senior medical educator with the RACGP, who has an interest in child and infant health. He is passionate about supporting parents and families in a holistic manner.

Multidisciplinary

The role of community paramedics in enhancing patient outcomes through collaborative care

Webinar

Tuesday 25 March

6.30-8pm

This webinar will introduce Community Paramedicine and highlight how the clinical scope of practice for community paramedics differs from that of traditional ambulance paramedics. Presenters will discuss this care model from multiple lived experience perspectives and share examples of how community paramedics have effectively integrated into multidisciplinary healthcare teams to contribute to personcentred care delivery and improved health outcomes.

Aged Care Nurse To call or not to call



Workshop

Tuesday 25 March – Burnie Wednesday 26 March – Launceston

Thursday 27 March - Hobart

8.30am-4.30pm

Are you confident when **to call or not to call** for emergency services when a resident is unwell?

Do you want to learn ways to recognise when to call or not to call? When we have the workshop for you!

We will cover:

- Who stays and who goes?
- How do we make decisions?
- · What does the resident want?
- How do you recognise, assess and manage the deteriorating resident?
- · Application of decision support tools to case studies

Multidisciplinary

Statewide Mental Health Services weekly grand rounds

Webinar

Every Thursday

1-2pm

The Statewide Mental Health Services (SMHS) multidisciplinary Grand Rounds, held in collaboration with the Centre for Mental Health Innovation and the Statewide Mental Health Services Education and Practice Development Unit, are open to all health professionals with an interest in mental health.

This week the focus will be on the Health Roundtable Mental Health Program, mental health data available for the LGH, RHH, Mersey and NWRH.



MARCH 2025

SCAN FOR MORE DETAILS ALL EVENTS ARE FREE